

TOTNES NATURAL HEALTH CENTRE

01803 864587 Waterside. The Plains. Totnes. Devon. TQ9 5DW www.tnhc.co.uk

Suggested Donation £14- £40 per session (To book private sessions, please ask)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Reflexology Reiki Bach Flower Ear Candling <i>Veronica Friend</i>	Homeopathy <i>Chris Gethin</i>	Osteopathy <i>Sarah Sidoli</i>	Osteopathy <i>Philip Wadell</i>	Acupuncture <i>Ross Hargrave</i>
	Herbalism <i>Pam Rogers</i>	Acupuncture <i>Mark Edlund-Plater</i>	Counselling <i>Juliette Medder</i>	Vortex Healing <i>Raquel Cruz</i>	Alexander Technique <i>Roger Hart</i>
	Aromatherapy Massage with Sound <i>Julia Ridsdale</i>	Reflexology, Indian Head Massage <i>Smita Tomalin</i>	Tuina massage/ Acupuncture <i>Tim Sullivan</i>	Reflexology Indian Head Massage <i>Smita Tomalin</i>	BowenTechnique <i>Claudia Downing</i>
	Aromatherapy Massage <i>Heather Blakestone</i>	Craniosacral <i>Lea Zaccari</i>	Shiatsu/ Chinese Herbs <i>Fiona Carpenter</i>	Healing <i>Rob Sidoli</i>	
	Homeopathy <i>Jacki Becker</i>			Clinical Hypnotherapy <i>Pat Mansell</i>	Thrivecraft Group <i>Maggie Kay</i> 07905 628905
Afternoon	Craniosacral <i>Claire de Valero</i>	Craniosacral <i>Claire de Valero</i>	Reiki Circle- 1st Wed each month <i>Veronica Friend</i> 01803 782758	Acupuncture <i>Jenny Sercombe</i>	Craniosacral Psychotherapy <i>Maggie Rosier</i>
	Ayurvedic Massage <i>Lucy Bell</i>	Creative Kinesiology <i>Fleur Brodie</i> (fortnightly)	Reflexology <i>Nicola Moulton</i>	Seiki- Mindfulness Shiatsu <i>Daniella Coronelli</i>	Reiki <i>Kate Bell</i>
	Devon Healers <i>Jayne Pearl</i> 07518098849, U3A- Yoga,Sue 01803 867958	EFT/ Matrix Reimprinting <i>Alexa Allen</i> (fortnightly)	Ayurvedic Massage <i>Clare Salter</i>	Core process Counselling <i>Kate Hower</i>	Trager <i>Adrian Antrum</i> (monthly)
	Pilates Class 5.30-6.30pm <i>Rebecca Jowitt</i> 01803 866966			Craniosacral (Eves.) <i>Karar Warren-Hill</i>	Healers Connect/ Business Club <i>Karen Hunt</i> 01803 866202
Evening Groups (Please phone the numbers given for more details)					
Evening	Yoga with Sookhi- Hatha and Ashtanga Vinyasa All levels welcome 07784 956105 sookhiyoga@gmail.com	Exploring Reality- 7.30-9pm www.jameseaton.org Community Choir - Beth 07972 855542	Check out our Website: www.tnhc.co.uk	Devonly Voices Community Choir <i>Vicky Hadland</i> 01803 866308	Singing for Refugees <i>Steve Hastings</i> 07710 425134
Regular workshops	'Exploring Reality- Rediscovering our True Nature' with James Eaton, see website www.jameseaton.org Tuesday evenings and weekend workshops.				
	Reiki workshops & Reiki Circle 1st Wed each month, <i>Veronica Friend</i> 01803 782758 www.veronicafriend.co.uk				